

ABSTRACT OF THE DISCLOSURE

The present invention aims to enhance transmitting efficiency while maintaining endurance and reliability without supplying excessive traction oil and provides a toroidal type continuously variable transmission in which an opening degree of a flow regulating valve is increased as a power to be transmitted is increased thereby to increase a supplying amount of the traction oil or nozzles for the traction oil are shifted in accordance with change in transmission ratio thereby to spray the traction oil to required position in a concentrated manner.